

## LIQUID NITROGEN (CRYOSURGERY) TREATMENT

**Liquid Nitrogen is extremely cold and is applied to the skin to treat a variety of skin lesions, such as Warts, Actinic Keratosis (pre-cancerous “scaly spots”), benign Seborrheic Keratosis, Prurigo Nodularis (“pickers” nodules), Skin Tags, and Lentigos (freckles).**

1. The site will become pink/red immediately or within 30 minutes.
2. There is usually some discomfort and/or throbbing which can last up to a few hours.
3. You may wear a bandage after treatment, but this is optional. A bandage is advised if the affected area is subject to trauma or clothes rub on it.
4. A blister can form and usually forms within a few hours; it may be filled with either a clear fluid or blood tinged/purplish fluid.
5. If a blister forms, be careful not to break the blister. However, if you puncture it, or if it breaks on its own, dry the area and apply Aquaphor, Polysporin, Bacitracin, or Vaseline Ointment 2-3 times daily. Cover the area with clean, dry gauze or Band-Aids. Do not unroof the blister. Fluid may refill the blister again.
6. If a crust or scab begins to form, continue to apply Aquaphor, Polysporin, Bacitracin or Vaseline ointment.
7. You may get the area wet in the shower, but be careful around the site. Please keep any open wound from being submerged in a body of water, such as pool or ocean.
8. If there is marked swelling, pain, redness or if pus develops, please call the office immediately so one of our providers can check the site.
9. The scab/crust may take 1-4 weeks to peel/fall off.
10. Scarring is minimal, however, there usually is a change in the skin color, such as redness or a light tan spot, which fades in a few months. Sun protection is highly recommended during this time.
11. Some lesions may need to be retreated if they recur.